

Reception Autumn 2026

This term our topic is **'We are Special'.**

Below are the areas of learning and what we will be covering this term. We will be learning to…



Communication and Language

- Understand how to listen carefully and why listening is important
- Learn new vocabulary
- Listen and join in with rhymes, songs and stories
- Follow instructions
- Understand and use social phrases

You could help in this area by…

- Taking the time to listen to your child and model good listening
- Talk about things they have done



Understanding the World

- Talk about members of the community and people who help us
- Talk about what sort of house we live in and who lives in our house
- Talk about how we have changed since a baby
- Make porridge and observe the changes



Personal, Social and Emotional Development

- Build new respectful relationships with adults and peers
- Talk about ourselves and our family
- Understand school rules and routines
- Share and take turns
- Express our feelings and consider the feelings of others
- Show an understanding of 'Protective Behaviours' and know the correct names of body parts
- Manage our own personal hygiene needs
- Get changed independently
- Know some ways to keep healthy
- Learn about the school value - independence



You could help in this area by…

- Encouraging your child to have a good toothbrushing routine and bed time routine
- Encouraging your child to get dressed by themselves, such as taking off their jumper and putting their shoes on. You might want to begin by trying this at a weekend when you have more time
- Talking to your child about their feelings and when they are feeling different emotions such as happy and sad

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Literacy

- Show an awareness of rhyme
- Understand how a book works
- Read individual letters by saying the sounds of them - set 1
- Ascribe meaning to marks
- Form recognisable letters

You could help in this area by…

- Singing nursery rhymes
- Reading stories with your child and ask questions as you go through the book, such as what do you think will happen next? Why do you think she's sad? etc.





Mathematics

- Sing number songs and rhymes
- Count objects, actions and sounds accurately, including counting out amounts from a bigger group
- Subitise to 3 (to look at a small number of objects and instantly recognise how many objects there are without needing to count them)
- Recognise numbers to 10 and form them

You could help in this area by…

- Singing number rhymes such as 'Five Little Ducks' and 'Ten Green Bottles' etc.
- Practising rote counting up to 20



Physical Development

- Develop our fundamental movement skills such as jumping, hopping, skipping and climbing etc.
- Develop strength in our arms and upper body ready for writing
- Hold a pencil between our thumb and two fingers
- Develop our small motor skills such as using paintbrushes, scissors, pencils etc.
- Learn some dance moves and move to different types of music

You could help in this area by…

- Teaching your child to use a knife and fork correctly
- Developing your child's small motor skills ready for writing such as threading pasta, building Lego models, using plastic tweezers etc



Expressive Arts and Design

- Create simple representations of people and objects
- Explore a range of media such as paint, chalk, oil pastels etc.
- Explore musical instruments and listen to different types of music
- Expand our repertoire of songs
- Be familiar with an artist called Alma Thomas and look at some of her work
- Be familiar with an artist called Kadinsky and his link to circles and triangles