

You could help this term by...

Communication and Language

- Take time to listen to your child and model good listening
- Talk about things they've done
- Use a range of vocabulary and talk about new words that they may come across
- Play games like 'I spy'
- Model correct grammatical forms



Personal, Social and Emotional Development

- Playing games such as board games and encourage sharing and turn taking
- Encourage your child to eat a variety of healthy foods and talk about how we can look after ourselves
- Encourage your child to have a good toothbrushing and bed time routine
- Ensure your child has a sensible amount of screen time
- Talk to your child about their feelings when they are feeling different emotions such as happy, sad and worried
- Encourage your child to dress themselves such as taking off their jumper and putting their shoes on. You might want to try this to start with at the weekend when you have more time
- Encourage your child to know and talk about being a safe pedestrian, such as staying on the pavement, holding hands and how to look both ways when crossing the road etc.



Physical Development



- Encourage your child to develop their ball skills by playing throwing and catching games, kicking a ball or rolling a ball
- Encourage your child to develop their movement skills such as by climbing apparatus at the park, skipping, hopping and jumping. Riding scooters, bikes and trikes
- Develop small motor skills ready for writing such as threading pasta, building Lego models, using plastic tweezers etc.
- Encourage your child to make snips in paper using scissors
- Teach your child to use a knife and fork correctly

Literacy

- Singing nursery rhymes
- Reading stories with your child and ask questions as you go through the book, such as what do you think will happen next? Why do you think she's sad? Etc.
- Give your child opportunities for them to recognise their name





You could help this term by...



Mathematics

- Singing number rhymes such as 'Five Little Ducks' and 'Ten Green Bottles' etc.
- Practise rote counting to 20
- Practise counting groups of objects and encourage your child to know that the last number reached when counting a small set of objects, tells them how many there are in total ('cardinal principle')
- Develop fast recognition of up to 3 objects, without having to count them individually ('subitising')
- Link numerals and amounts: for example, showing the right number of objects to match the numeral, up to 5
- Recognising numbers and shapes when out and about

