

GLENDALE INFANT SCHOOL

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Dear Parents/Carers,

At Glendale Infant School we strive to provide a safe learning environment for all our children. Due to a child starting our school in the autumn term having a severe nut allergy we will be making Glendale a nut free school.

When someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

We cannot have nuts in school in any form, therefore please can we ask that you do not send in any nut products into school in lunch boxes or as treats/snacks.

For example:

- Peanut butter sandwiches
- Chocolate spreads
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

We appreciate that this is an additional thing to check but we hope that you recognise the importance of it. I am sure if this was your child you would expect that we all help, especially as it is a life threatening condition.

Yours sincerely

Mrs L Hopkins
Headteacher