

# GLENDALE INFANT SCHOOL

## Policy Name: Whole School Food Policy

### Policy details

Date of policy: July 2007

Date of next review: July 2010

To be reviewed in line with current Government policy.



### Our aims

We aim to:

- Improve the health of the whole school community by supporting pupils and families to establish and maintain life-long healthy eating habits;
- Help our pupils acquire the skills and knowledge to make healthy choices
- Ensure healthy food and drink is offered across across the whole school day, as outlined in the National Healthy School Programme;

### Our objectives

- To ensure pupils are well nourished at school, and that every pupil has access to safe, tasty, and nutritious food, and a safe, easily available water supply during the school day;
- To ensure the food provision in school reflects the ethical and medical requirements of all pupils and staff, e.g. religious, ethnic, vegetarian, medical and allergic needs;
- To encourage parents/carers who provide food and drink for consumption at school (packed lunches, snacks, etc.) to meet the same standards as food provided by the school;
- To encourage children to develop appropriate skills for choosing and preparing healthy meals;

### Guidelines

- Training available for staff as necessary, in safe food handling and healthy eating;
- Pupils are taught about healthy eating and can identify healthy foods;
- Pupils knowledge will be assessed as part of the School's integrated curriculum.
- The school meets the Government's school food standards;
- MDS encourage children to try new healthy foods;
- The provision of healthy foods and drinks across school will be monitored by the Head teacher as part of her daily observations.
- Pupils will be encouraged to bring in water bottles, and water fountains are provided.
- Fruit is available for playtime snacks.
- Parents will be encouraged to prepare lunch boxes that follow healthy eating guidelines.

- All children, regardless of gender, race or disability will have opportunities to learn about healthy eating.