

This term our topic is '**Growing and Changing.**'

Below are the areas of learning and what we will be covering this term. We will be learning to...

Personal, Social and Emotional Development

- Exploring healthy foods and exercises to help keep our bodies healthy.
- Sorting healthy and non-healthy foods.
- Thinking about how we change and grow as we get older.
- Learning to play games with each other and take turns. Sharing is caring!



You could help in this area by...

- Eating healthy vegetables and fruit at home, even if you are just exploring the feel and smell of them.
- Play turn taking games with each other.

Physical Development

- We are dancing! Following instructions and copying actions.
- Practising our gross motor skills by hopping, skipping, jumping, running and copying different dance moves.
- Travelling with confidence and skill around, under, over and through balancing and climbing equipment
- Developing our fine motor skills through mark making with different tools.

You could help in this area by...

- Encouraging your child to mark make using different tools including water painting on the walls outside, mud painting on the floor, pencils and crayons on paper.
- Dancing to 'Danny Go!'

Communication and Language

- Asking for 'wants and needs' using symbols, signs, single words and please or full sentences such as 'Can I have....please?'
- Follow one step instructions
- Play games with each other and take turns.

You could help in this area by...

- Playing turn taking games and activities together.
- Playing stop and go dancing games.
- Encouraging asking for 'wants and needs.'

Mathematics

- Subitise to 5
- Ordering length of vegetables from shortest to tallest.
- Recognise and order numbers to 5,10,20.
- Weighing fruits and predicting which are heaviest/lightest.

You could help in this area by...

- Playing counting games and singing counting songs.
- Counting things you see at home or out in the community.



Expressive Arts and Design

- We are exploring the artists Bryan Nash and Edward Tingatinga. We will be vegetable printing, sponge painting vegetables, mud painting, making vegetable faces and much more.
- Learning our colours, matching colours and mixing colours, exploring primary and secondary colours.
- Exploring jungle animal patterns.

Literacy

- Recognising letters of the alphabet.
- Reading stories about fruit and vegetables together.
- Recalling the stories we are reading.
- Matching initial sounds to pictures in our stories.
- Practicing letter formation
- Writing CVC words
- Writing 'I can see' sentences.
- Asking and answering 'who' and 'what' questions relating to our stories.

You could help in this area by...

- Continuing to read stories with your child and ask questions to check their understanding, such as who, what, where and why questions; e.g. what can you see?
- Engage in lots of mark making activities, colouring and writing.



Understanding the World

- Understand about Chinese New Year.
- Explore how vegetables and fruits grow around the world and on farms.
- Exploring frog and butterfly lifecycles
- Exploring human life cycles and how we grow.

